



Greetings from Bhutan!

I'm here with ten fabulous women --The Goddess Group--in one of the most peaceful and stunning countries. Don’t worry if you’re not quite sure where

Bhutan is; we get that a lot! It's a small Buddhist kingdom bordered by India on three sides and China on the fourth.

Bhutan is famous for its Gross National Happiness constitution, which prioritizes the well-being and happiness of its people over economic growth, and we're here to explore why. Hopefully, we'll return with some answers! Stay tuned.. If you'd like to follow along on our day-to-day adventures, join our **Facebook group** and check out what we're up to.

If you're inspired to experience Bhutan for yourself, our local partners are happy to help arrange custom trips—perfect for anyone who wants to go on their own or can't wait until our next departure!

About Our Bhutan Event

Check out our Facebook Group



Do Good Adventures

Experience Tanzania: Adventure, Culture and Giving Back

At Steppin' Out Adventures, we love to incorporate some of our Do Good Adventures program into every trip where we combine the thrill of travel with the chance to give back, fostering meaningful connections and positive impacts in the communities we visit. We try on every trip to team up with local businesses, schools, and non-profits to organize trips centered around volunteerism, enabling our travelers to actively support local initiatives—from helping in orphanages and food banks to working alongside inspiring individuals like Nurse Ruth.

Our recent blog post spotlights Ruth Matiyas, a remarkable Tanzanian woman who transformed from a curious young helper into a registered nurse dedicated to providing healthcare to underserved communities across Africa, especially the indigenous Hadzabe people, known as the Bushmen. Ruth's work has become crucial to the Hadzabe tribe, providing not only healthcare but also building trust and bridging cultural gaps with compassion. Through stories like hers, we aim to show how each of us can make a difference.

Click the button below to read Ruth's inspiring story and see how your next adventure can help make a positive impact!

"Healthcare for All" Blog Post

About our Tanzania Trip 8/21/2025 - 8/31/2025

Our next adventure to Tanzania is coming up in **August 21, 2025** and includes not only the chance to meet the Hadzabe Bushmen, **but also witnessing the wildebeest migration, connecting with the Maasai, biking among zebras and giraffes and much more!**

And if you're ready for a custom African experience, we're happy to help arrange that too!





It's Snowing in Telluride. Come ski with us!

Our Telluride ski trip is just around the corner in February 2025! Join us for world-class skiing with stunning ambiance in the beautiful Colorado mountains. **We plan everything for you, so you can simply enjoy a fabulous winter escape—skiing the mountains and soaking in the magical atmosphere.** We'll be staying at a luxury resort with ski-in, ski-out access. Four, five and seven night options are available.

Spots are filling up fast, and prices will rise soon, so if you've been thinking of joining us, reserve your place now!

Your Experience includes:

- Round trip transportation from Montrose, CO airport
- Nightly accommodation at The Peaks Resort with resort fee
- Daily hot breakfst buffet
- 3 dinners for those doing the full week, 2 dinners for less
- Lift tickets for those who select lift ticket package
- One Special group Happy hour

- Organized group activities
- Dinner arrangements for nights that dinner is not included
- Every day has a group meeting spot for lunch, apres ski and late night activities

About our Telluride Ski Event 2/22/2025 - 3/1/2025



Next Travel Q&A Session

Ask Anything About Your Next Travel Adventure!

Our open travel forum is back! Join us for a lively session all about YOU and your travel questions! From travel hacks to destination secrets, no question is too big or small. Here are a few ideas you can ask about:

- Packing strategies (How to pack light for long trips)
- Sustainable travel (How to be eco-conscious while traveling)
- Local customs and culture (What to expect and how to blend in)
- Health and wellness while traveling (Staying fit and eating well)
- Unique local experiences (Off-the-beaten-path recommendations)
- Choosing the right destination (How to pick the best place for your trip)

This month, we also have a *destination spotlight* ***Belize***, exploring its jungles, reefs, and conservation efforts.

Plus, we'll be *discussing an essential travel tip:* ***Is travel insurance really necessary?***

Don't miss this chance to connect with others, share ideas, ask questions, and get inspired for your next trip with Steppin' Out Adventures! See you there!

Next Session:

When: Tuesday, November 29th

Time: 7:30 PM Central

Where: Zoom (Please register using the button below)

Q & A Registration Button



Happy World Kindness Day!

Today, we celebrate the power of kindness to connect us all, lifting each other up with simple acts that can transform someone's day—and maybe even their life.

This special day reminds us that kindness doesn't have to be grand; it's often in the smallest gestures. Smile at a stranger, offer a helping hand, surprise a loved one with a heartfelt note, or reconnect with an old friend. Other beautiful ways to celebrate include volunteering with a local charity, donating to a cause you care about, sharing a positive review for a local

business, expressing gratitude to someone who's made a difference, or even just complimenting a coworker.

When we spread kindness, it's like planting seeds of warmth and compassion that grow far beyond what we can see. Let's take today to share that joy and make the world a little brighter together. Here's to a beautiful day filled with meaningful moments!



Featured Article: A Legacy of Forgiveness

How Holocaust Survivor Eva Kor Healed Through Compassion

What would it take to forgive the unforgivable? For Alex Kor, a member of the Steppin' Out community, growing up as the son of Holocaust survivors Eva and Mickey Kor, forgiveness wasn't just a concept—it was a powerful, transformative force in his family's life. His mother, Eva, a survivor of Auschwitz and the horrific experiments of Dr. Josef Mengele, made headlines for forgiving her captors—a decision that stunned the world but offered a profound lesson in healing.

Through Alex's eyes, we see not only his parents' unimaginable resilience but also the boundless optimism they passed on to him and his sister. In this touching article, he shares how these qualities guided him, shaped him, and continue to inspire him today.

Click below to read the full story and discover how forgiveness can change lives.

Read Full Article



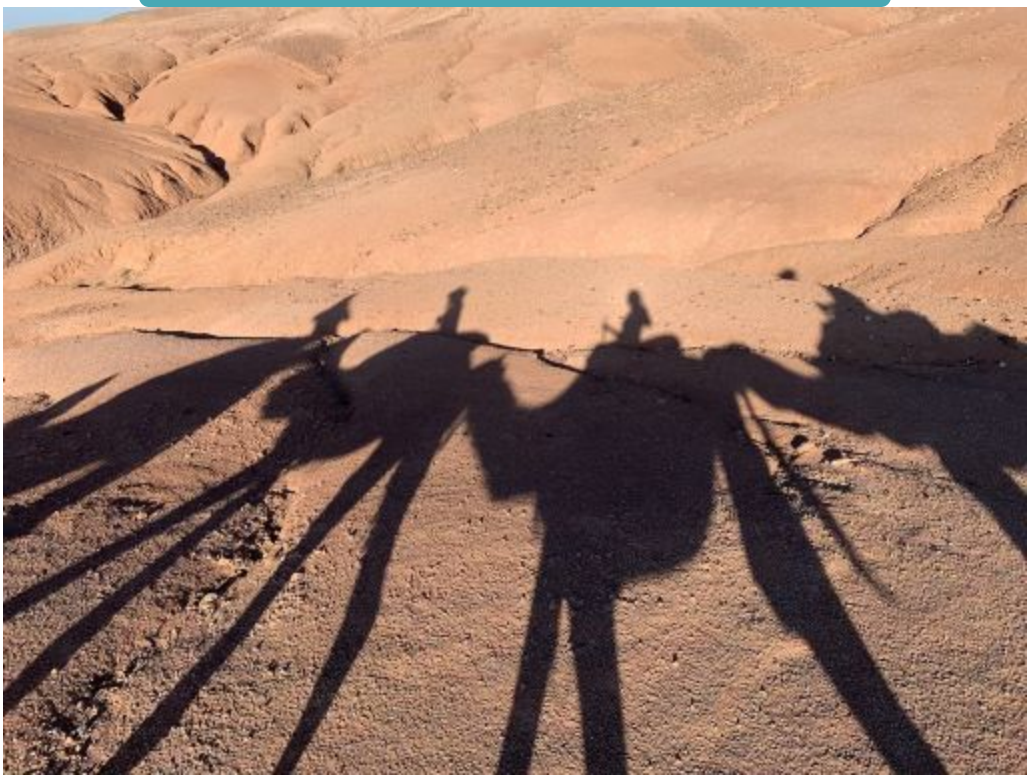
Remember --

Any trip can be a custom trip

There's no better time than now. Take a look at what we have to offer.

Currently working on custom trips to East Africa, Peru, Cuba, Croatia and Slovenia

Check out some of our destinations



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